



What makes a good friend

Moving schools is a great opportunity for children to make new friends, but some children may be anxious about this change. Getting them to consider what makes a good friend can help them to feel more confident about building new relationships, and consider how to be a good friend to new people they meet.

Ask them to think about what makes a good friend and write five qualities they think are important on the following activity sheet.

Discuss what qualities they have chosen. Did some ideas come up more frequently than others? What would they choose as their top five qualities?

After you've had the discussion, ask them to write their list again. They can keep their original ideas and/or incorporate some of the good ideas they've heard from others.

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To think about what is important in a friend

You will need:



Write a list of things you think are important in a friend. Discuss it with others at home or in class.

Things that are important in a friend:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

Listen to what others at home or school think.

Write your list again adding in any ideas that you like.

Things that are important in a friend:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____