



## **City of London Short Breaks Providers List**

### **Valour Youth**

#### **Outreach based and 1:1 Activities:**

Valour Youth enables and supports disabled children and young people to enjoy a break from their families in a safe and stimulating environment, as well as providing the opportunity for parents/carers to have a Short Break from their caring duties. We provide positive experiences for children by promoting friendships and encouraging social activities, new experiences, and support relationships with carers.

We offer culturally appropriate provision, meeting the cultural, linguistic and religious needs of disabled children and their families.

We are available on a planned/regular basis and at times when families and young people need breaks – including evening, weekends, and holiday provision, and have the capacity to respond to urgent care requirements.

Please give our friendly team a call or email us, to discuss one of our short breaks or home care support needs.

#### **Age 5 - 17**

Contact for referrals: [valour-youth@live.co.uk](mailto:valour-youth@live.co.uk) - 0800 073 1325  
[www.valour-youth.org](http://www.valour-youth.org)

### **Wilcob Care**

#### **Outreach and 1:1 Activities:**

Whether it is covering a one-week holiday or on-going short breaks, we are here when you need us to offer one-to-one care from skilled professionals.

Our short breaks offer children and young people with special needs a chance to access activities in the community, enabling them the opportunity to have fun, spend

time away from their carers, develop social and independent living skills and make new friends, and to give parents and carers a break from their caring responsibilities. Everybody needs some time for themselves, even more so when they care for someone else. This is where respite care can be integral to you and your carer's routine.

We offer specialist and personalised care packages that are carefully and custom designed for children and young people

We provide short breaks services such as community outreach, activity centres, Our support package will be based on the child or the young person's needs, with a holistic and outcome-focused approach. To support them to access the local community and develop friendships, with the aim of developing their social life, independent skills, self-confidence, travelling skills, communication skills, positive behaviour support while assessing risk and gradually reducing the level of support.

Contact for referrals - [info@willcobcare.co.uk](mailto:info@willcobcare.co.uk)  
0207 101 4403 out-of-hours 0203 983 1223  
[www.willcobcare.co.uk](http://www.willcobcare.co.uk)

## **Kids Outreach**

**Holiday Play-Schemes, After School Club, Weekend Club and Teenage Club.  
Outreach based 1:1 activities and Highly Specialist Needs:**

Kids outreach aims to meet the needs of disabled children/young people and their families. The sessions can be home, and community based depending on the needs of the child/young person. Through planned individual sessions they can enjoy leisure and play activities to explore new social opportunities, building up skills around independence and positive experiences.

### **Age: 6-17**

Contact: Michael Singh on **020 8806 6776**  
Address: KIDS Outreach, Spring Lane, Big Hill, E5 9HQ

## **Kids Adventure Playground**

This is a specialist playground for disabled children and young people. The playgrounds purpose-built outdoor and indoor equipment and resources are available for the children to access as and when they want, whatever their ability. Staff are able to fully support children with a range of complex medical and intimate care requirements.

**Age: 5-17**

Contact: Clairia Scott-Gray, **020 8806 6149**

Address: Spring Lane, Big Hill, Upper Clapton, E5 9HQ

## **Kids Funday Club**

The complex needs club based at Kids Adventure Playground is supported with nursing staff for children and young people with additional health needs. This playscheme is specifically aimed at those that find it difficult to access other provisions.

This service can be accessed through the Health Integration Team (HIT Squad)

## **Ezer Leyoldos**

### **Outreach based 1:1 activities:**

Ezer Leyoldos offers an extensive range of individual and culturally appropriate extra-curricular activities for Orthodox Jewish children and young people who require individual support, either in the home or community. We are able to provide all our services to children in receipt of Individual budgets/direct payments in addition to our ongoing clients. Ezer also provides care for non- Jewish families.

**Age: 2-17**

Contact: Madeleine Levy on **020 8880 2488**

## **The Huddleston Centre**

### **Holiday Play-Schemes, including 1:1 support:**

The Huddleston Centre is a charity not for profit organisation which provides youth and play provision for disabled young people aged 9-25 living in Hackney. Activities are young people lead as in the young people often give their ideas as to what they would like to do for the term. Past activity suggestions have been football, visiting parks, restaurant trips, visiting other youth clubs, cooking and arts and crafts.

For more information,

Contact: Youth Project Manager, Cassandra Delisser

**020 8985 9089** or [cassandra@huddlestoncentre.org.uk](mailto:cassandra@huddlestoncentre.org.uk)

\*The Huddleston Centre is happy to accept Individual Budgets pending availability.

## **Laburnum Boat Club**

### **Holiday Play-Schemes, After School Club, Weekend Club and Teenage Club:**

Laburnum boat club is Hackney's exciting community boating project. It aims to provide opportunities for the personal development of children, young people and their families in the local community through participation in a range of water-based activities. The club is supporting children and young people with disabilities to engage and participate in its mainstream programme through the employment of additional support staff.

**Age: 9-17**

Contact: Clare or Jim, **020 7729 2915**

Address: Laburnum Street, Haggerston, E2 8BA

## **Step by Step**

### **Holiday Play-Schemes, After School Club, Weekend Club and Teenage Club:**

Step by Step is a specialist organisation offering group-based play and leisure activities for disabled children and young people which meet the cultural requirements of the Orthodox Jewish community.

**Age: 0-17 Gender: Boys and girls**

Contact: Step by Step at **020 8802 2362**



**Please feel free to contact the Short Breaks Team/Children & Families Team to make a referral to one of these providers.**

**If you are a parent or carer of a disabled child and would like to access Short breaks in the City of London or have an informal chat about our offer, please contact us on 0207 332 3621.**