

**RED FLAGS - is this child a candidate for referral?
(May be - if any of the following are present)**

- 📖 Ongoing poor weight gain (rate re: percentiles falling) or weight loss
- 📖 Ongoing choking, gagging or coughing during meals
- 📖 Ongoing problems with vomiting
- 📖 More than once incident of nasal reflux
- 📖 History of a traumatic choking incident
- 📖 History of eating and breathing coordination problems, with ongoing respiratory issues
- 📖 Parents reporting child as being “picky” at 2 or more well child checks
- 📖 Inability to transition to baby food purees by 10 months of age
- 📖 Inability to accept any table food solids by 12 months of age
- 📖 Inability to transition from breast/bottle to a cup by 16 months of age
- 📖 Has not weaned off baby foods by 16 months of age
- 📖 Aversion or avoidance of all foods in specific texture or nutrition group
- 📖 Food range of less than 20 foods, especially if foods are being dropped over time with no new foods replacing those lost
- 📖 An infant who cries and/or arches at most meals
- 📖 Family is fighting about food and feeding (ie. Meals are battles)
- 📖 Parent repeatedly reports that the child is difficult for everyone to feed
- 📖 Parental history of an eating disorder, with a child not meeting weight goals (parents not causing the problem, but may be more stressed and in need of extra supports)