



Mental Health Voice – Checklist for discussion

- **Mental Health Voice (MHV)** brings together people with lived experience of mental health challenges, as well as carers, to help shape and influence local mental health plans. By sharing their insights and experiences, members work collaboratively to improve services and ensure they better meet the needs of people living in the City and Hackney boroughs.
- Service users are actively involved attending regular monthly MHV committee meetings.
- Meetings are held either in City or Hackney with invited speakers presenting, updating, and consulting on local and national initiatives.
- We work with City and Hackney mental health providers and commissioners and have representations at:
 - The Mental Health Integrated Committee which coordinates mental health services across health and social care, and East London Foundation Trust.
 - We work regularly with are statutory sector partners coproducing and facilitating workshops.

For further information or to join the group contact Maureen Brewster, Mental Health Co-ordinator, The Advocacy Project on 07934 298720 or e-mail Maureen.brewster@advocacyproject.org.uk