

Let's Learn About Autism

For 4-7 year olds



Autism
Education
Trust



Autistic
Young
Experts



National
Autistic
Society

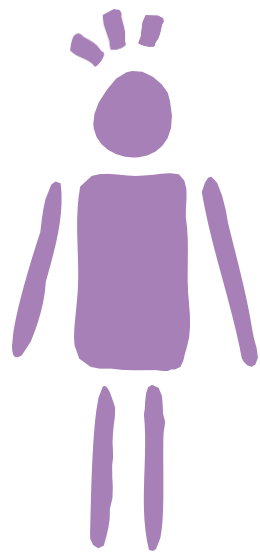
Join us to share knowledge &
acceptance during World
Autism Acceptance Month 2025



We are all different



People are all different



Brains are all different






Introducing Pablo

Watch this video of
Pablo talking to his
friends about how
they see the world:





About Pablo

 Pablo is autistic.
He sees the world
in a different way.





Autism
Education
Trust

Section 1

About Pablo



You can't see if
someone is autistic.





About Pablo

Autism means that
someone's brain
works a little
differently.





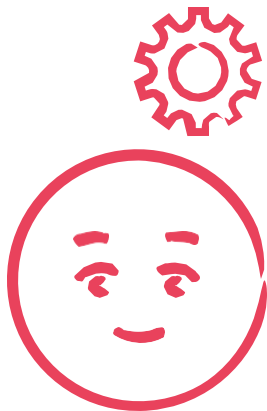
About Pablo

Just like the characters in Pablo, each autistic person is different. Autistic people have different strengths and need help with different things.





Autism – The Differences



Differences in communication and behaviour

Some autistic
people find using
words difficult.



Differences in thinking and understanding

Some autistic people
get upset by changes to
their daily routine.



Differences in senses

Some autistic people get
overwhelmed by loud
noises, strong smells or
bright lights.



What differences are there?

I really enjoy Maths but Miss Smith doesn't.





What differences are there?

Miss Smith is really good at drawing.
I find drawing hard.





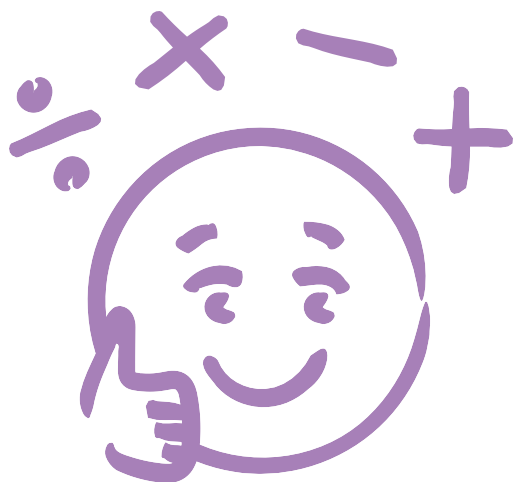
What differences are there?

I really like listening to pop music.
Mr Jones likes jazz music.



Thinking about our differences

Some people really enjoy Maths. Some people don't.





Thinking about our differences

Some people are really good at drawing.
Other people find drawing hard.



Thinking about our differences

Some people really like listening to pop music.
Other people like jazz music.





Thinking about our differences

What makes you happy?
What do you do when you're happy?





Thinking about our differences

What makes you sad or worried?
What do you do when you're sad or worried?



Thinking about our differences

What is the thing you are best at?





Making friends at school

We know that difference is great, but sometimes it can be hard when you think differently.





Making friends at school

You might worry about making friends.





Making friends at school

It can be hard if you don't like the same things as other people.



Making friends at school

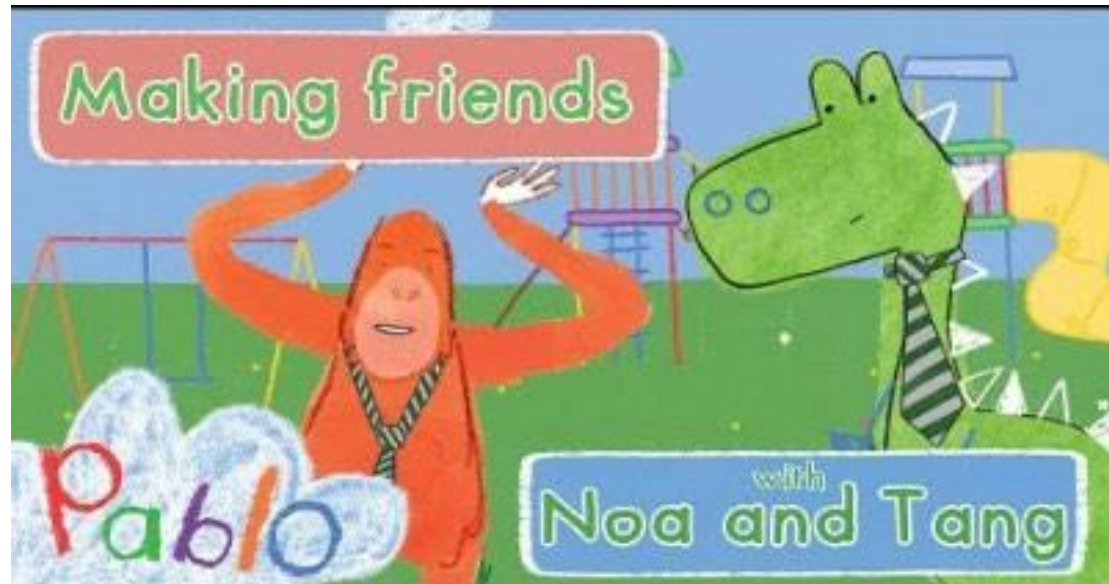
You might feel like no-one wants to play with you.





Pablo and his friends

Watch this video of
Pablo talking about
his friends about how
they see the world:





How can we be better classmates?

How can we be kind to each other?





How can we be better classmates?

How can we support each other?





How can we be better classmates?

How can we support our autistic classmates?





Learning Scenarios

Scenario 1

A boy at school hardly talks and doesn't make eye contact. He stays on his own during playtime. He has tried to join in games before but his classmates laughed.



How could you help?



Scenario 2

A young girl doesn't like eating in the lunch hall. She often gets very upset during lunch due to the noise levels and smells of food.



How could you help?



Learning Scenarios

Scenario 3

A child finds it difficult to sit and concentrate on the whiteboard in class. He starts to make noises and cover his ears with his hands.



How could you help?



Learning Scenarios

Scenario 4

During circle time, a child never joins in when it is their time to speak or get involved. They are frightened to say anything which makes them stay quiet.



How could you help?



For autism training, information and resources, visit:



www.autismeducationtrust.org.uk and

www.autism.org.uk



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