

HOW WE CAN HELP FAMILIES AND  
PROFESSIONALS WHO SUPPORT  
CHILDREN WITH ADDITIONAL NEEDS



contact



We are Contact, the charity for families with disabled children. We understand that life with a disabled child brings unique challenges, and we exist to help families feel valued, supported, confident and informed.



## INFORMATION & ADVICE

Contact provides life-changing advice and information about any aspect of raising a child with additional needs through our [website](#), [helpline](#), [newsletters](#) and [free publications](#), including our 100-page [Helpful Guide](#).



## LISTENING EAR SERVICE

We offer [free 1-2-1 telephone appointments](#) with a family support adviser for parent carers looking for emotional and practical support or reassurance.



## PEER SUPPORT

Our [private Facebook group](#) is a confidential

space where parent carers can share knowledge, provide mutual support, and meet other families with similar needs.



## WORKSHOPS, WEBINARS & EVENTS

Alongside our [workshops and events for parent carers](#), we also offer a range of CPD [training for professionals](#) as well as deliver [bespoke sessions for the families they support](#).



## CAMPAIGNS & RESEARCH

We work together with parent carers to [influence policy and campaign](#) so that decision-makers tackle the inequalities faced by families with disabled children.



## FLEDGLINGS SHOP

Our not-for-profit [Fledglings shop](#) supplies specialist products, aids and equipment to help families and professionals who care for disabled children or young people with everyday challenges.



## SUPPORT FOR PROFESSIONALS & ORGANISATIONS

From [CPD workshops and webinars](#) through to expert consultancy and [co-production training](#), Contact can provide a [wide variety of existing and bespoke services](#) to support professionals in their work with disabled children and their carers.

With nearly 50 years' experience in supporting families and a vast network of specialist consultants, we are also well-placed to help organisations develop tailored solutions based on the unique needs of their workforce or setting.



## PARENT CARER PARTICIPATION

As the Department for Education's strategic delivery partner since 2008, we support [parent carer participation](#) in England by helping families and professionals work together locally to improve services for disabled children.

*"Contact speak  
our language  
and provide  
practical  
support that  
is truly life-  
changing"*

**Parent carer**





To find out more about our services for professionals, scan the QR code or contact our team so we can better understand what support you're looking for and how we can help.



0207 608 8795



[services@contact.org.uk](mailto:services@contact.org.uk)



[contact.org.uk/professionals](https://contact.org.uk/professionals)



## SUPPORT FOR FAMILIES

We're here to help families with the best possible advice and information.

FREEPHONE HELPLINE

**0808 808 3555**

[helpline@contact.org.uk](mailto:helpline@contact.org.uk)

Open 9.30am – 5pm Monday to Friday

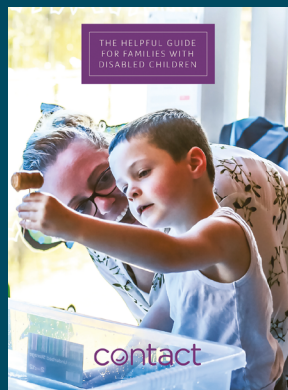
Contact Head Office

Wenlock Studios

50-52 Wharf Road

London N1 7EU

**[contact.org.uk](https://contact.org.uk)**



## HELPFUL GUIDE

Our *Helpful Guide* is a 100-page booklet packed with essential information and advice to help families navigate everyday challenges and access support for their child with additional needs or disabilities.

Professionals can order a reference copy for free, or get a quote to purchase multiple copies, at **[contact.org.uk/helpful-guide-order](https://contact.org.uk/helpful-guide-order)**