

# MAYOR OF LONDON

## HEALTHY EARLY YEARS LONDON

# Healthy Early Years London (HEYL) Bronze Award for Health, Wellbeing and Education: Guidance

The **Healthy Early Years London (HEYL) Bronze Award** recognises that a setting is providing a good level of support for the health, wellbeing and education of children in their care. Settings achieve this award by meeting all the criteria on the HEYL Bronze Award audit.

Local HEY programmes can support settings to achieve the HEYL Bronze Award. Settings in boroughs without a local HEY programme can access (paid) support to progress through the HEYL Bronze, Silver and Gold Awards. Contact Healthy Early Years London for more information [HealthyEarlyYears@london.gov.uk](mailto:HealthyEarlyYears@london.gov.uk)

### The HEYL Bronze Award Audits for settings and childminders

There are separate audits for settings and for childminders. Each audit has been developed to meet the needs and environments of Early Years settings and childminders.

Both audits are organised into three of the four areas in the Ofsted framework:

- A. Personal development, behaviour and welfare
- B. Quality of teaching, learning and assessment
- C. Effectiveness of leadership and management

Settings and childminders will be able to demonstrate the fourth 'Outcomes for children' judgement through the evidence they provide as part of the HEYL quality assurance process. The whole process will support the judgement on 'Overall effectiveness'.

All settings and childminders will benefit from auditing their provision against the HEYL criteria; using the process to support further improvement before submitting their evidence for quality assurance. **The last Ofsted report for the setting will be used as part of quality assurance and settings should show how they are responding to health and wellbeing related areas identified for further improvement.**

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### HEYL Bronze Award Audit structure

Settings and childminders should complete the audit to show which criteria they meet and which they need to develop to achieve the HEYL Bronze Award.

#### A. Personal development, behaviour and welfare - 9 criteria:

1. Social and emotional health and wellbeing
2. Speech, language and communication
3. Healthy eating
4. Oral health
5. Breastfeeding and starting solid food
6. Physical activity
7. Independence in self-care and hygiene
8. Immunisation and infection control
9. Sustainability (active travel, recycling, energy saving)

#### B. Quality of teaching, learning and assessment - 5 criteria:

1. Children's individual needs, interests and stages of development are considered when planning experiences that will support each child's health, wellbeing and education
2. All practitioners are competent to carry out high quality observations to assess children's health, wellbeing and education on a daily and weekly basis. These assessments, alongside those from parents and carers inform planning, provision and support for each child, including early home learning
3. Practitioners are able to identify early and plan for children's additional physical, social, emotional and mental health needs, including working with parents, carers and partnership agencies
4. All elements of practice promote the characteristics of learning where children's emerging interests and abilities support them to be deeply engaged, motivated and creative in their thinking, choosing and playing
5. All practitioners celebrate diversity and promote equality and inclusive practice in all aspects of work with children and families, reflecting the 'Fundamental British Values' of democracy, rule of law, individual liberty, mutual respect and tolerance for those with different faiths and beliefs

#### C. Effectiveness of leadership and management - 3 criteria

1. Each practitioner is supported to maintain their own social, emotional, physical health and wellbeing

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2. There is initial and on-going, high quality, professional development. This enables all staff to develop the skills, knowledge and understanding to effectively support all aspects of health and wellbeing within their role
3. The listening culture promotes health and wellbeing and enables children, staff, parents and carers to influence change

### Carrying out the HEYL Bronze Award Audit

Settings/childminders should read all criteria carefully, decide whether the criteria are in place and list examples of their current practice.

Meeting all the criteria means that a setting/childminder is providing a good level of support for health and wellbeing and education, and can therefore achieve the HEYL Bronze Award. **To achieve the HEYL Bronze Award a setting must show how they meet all the criteria on the audit; there should be no actions to complete.**

The online audit gives ideas of examples to include and also the minimum amount of evidence required for a setting or childminder to meet each criteria.

### Applying for the HEYL Bronze Award:



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### **Maintaining and working beyond the HEYL Bronze Award**

The HEYL Bronze Award lasts for three years, after which time settings and childminders will need to update their HEYL Bronze audit and Food and Drink Guidelines checklist and submit these alongside their most recent Ofsted report.

Once a setting/childminder has received the HEYL Bronze Award, they can begin work towards their HEYL Silver Award and finally HEYL Gold Award. Settings/childminders need to submit an up to date HEYL Bronze Award Audit to achieve and sustain both HEYL Silver and Gold Awards.