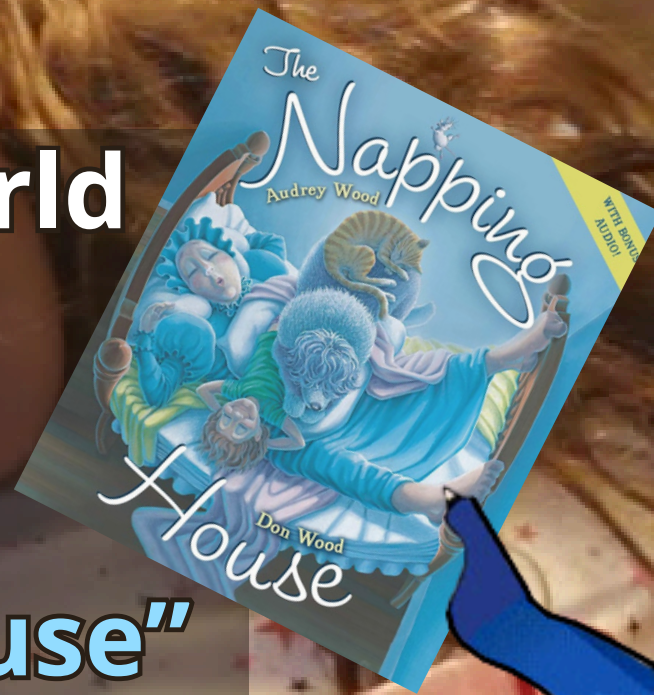


QUESTION: How do I respond if my child mispronounces words?

ANSWER: Gently model correct pronunciation and repeat words clearly during natural conversation.

Coltale's Top Tips

March 13th is World Sleep Day. So, Coltale's been reading "The Napping House" by Audrey Wood. Can you remember who was sleeping; such as the dog, cat, granny and the flea?





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DID YOU KNOW?

World Sleep Day is celebrated on the Friday before the spring equinox.

Prioritising good sleep routines helps children stay healthy!

Coltale's Top Tips

*Fun
activity*

Create a soft, fluffy dream cloud on paper with cotton balls. Use words like dream, soft and cozy.



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GET ACTIVE

Set up an outdoor space with blankets and pillows. Lie down, look at the sky, encourage slow breathing and relaxing thoughts.