

# Coltale's Top Tips

**QUESTION:** How do I make screen time better for my child?

**ANSWER:** Encourage direct interaction rather than passive watching. Real-life conversations are more beneficial for developing communication skills.



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Walk to School Week starts on May 19th, so Coltale's been reading "A Wild Walk to School" by Rebecca Cobb. Talk about the things the children had to pass; such as the sleeping giant, the floor made of lava and the friendly dragon.







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## DID YOU KNOW?

**Walk to School Week encourages children to travel actively to nursery by walking instead of taking public transport, driving or cycling.**

**Walking promotes physical activity, reduces traffic congestion, and improves air quality around schools.**

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*Fun  
activity*

**Create a simple map  
of the route to nursery.  
Draw landmarks you pass,  
such as trees, parks, or buildings.**



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## GET ACTIVE

Go on a singing walk.  
Sing to your child while they  
walk to make it more engaging.