

Coltale's Top Tips

QUESTION: Is screen time bad for speech development?

ANSWER: Too much passive screen time can delay speech. Choose interactive content and watch together.

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Recycle Awareness Week begins on October 13th, so Coltale's been reading **"Please Help Planet Earth: A Ladybird eco book"**. Talk about the ways you can help the planet such as recycling, growing vegetables and keeping the air clean.





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DID YOU KNOW?

The event was created by WRAP (Waste and Resources Action Programme), who helps others use resources more efficiently

Recycling helps save natural resources, reduces pollution, and the amount of waste sent to landfills.

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*Fun
activity*

**Declutter toys, books, and clothes.
Donate them to charity or, give to
friends! Use words like reuse,
recycle, and replace.**



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City of
London
Family
Information
Service

**GET
ACTIVE**

Go on a recycling scavenger hunt. Take gloves and bin bags, collect litter, and put anything you can recycle into a separate bag