

# Coltale's Top Tips

**QUESTION:** How can everyday routines support my toddler's language?

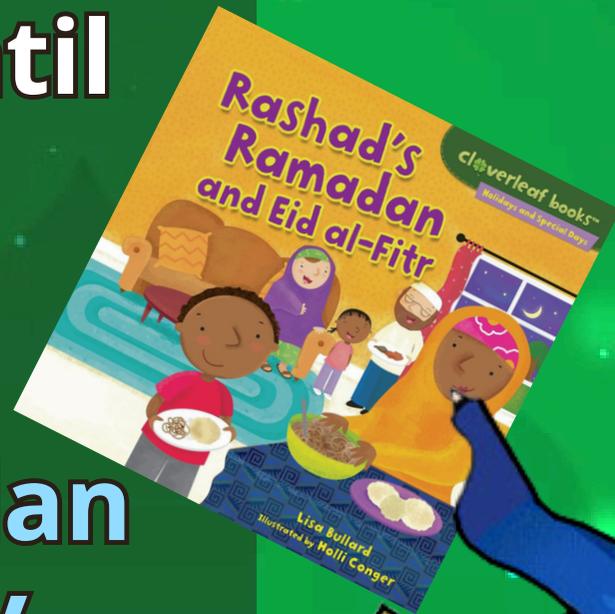
**ANSWER:** Narrate routines, describe actions, involve your child in choices, and repeat words.

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Ramadan is from February 17th until March 18th. So, Coltale's been reading

"Rashad's Ramadan and Eid al-Fitr" by Lisa Bullard.

Talk about the acts of kindness Rashad does; such as thinking of others and sharing food.





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## DID YOU KNOW?

**During Ramadan, Muslims fast from sunrise to sunset and focus on kindness, prayer, and helping others.**

**Children generally don't have to fast until around age 14, but many start with partial, fun, or weekend fasts to learn and participate.**

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*Fun  
activity*

**Make moon and star mobiles! Use foil or glitter to decorate shapes. Hang them with string in your room.**





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City of  
London  
Family  
Information  
Service

**GET  
ACTIVE**

**Play "Pass the Kindness!"**

**Pass a soft ball, say something kind before rolling it to the next person.**