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## QUESTION: What activities or toys help my child's language development?

ANSWER: Use books, musical instruments, pretend play, naming objects, and language games to expand vocabulary and communication skills.



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The nine-day festival of Navratri begins on September 22nd, so Coltale's been reading "My Little Book of Navratri" by Ashwitha Jayakumar. Talk about ways people celebrate this festival, such as listening to music and dancing.



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## DID YOU KNOW?

Navaratri is a Hindu festival honouring the goddess Durga and is a celebration of good over evil.

It's celebrated twice a year. Chaitra Navratri in spring and Shardiya Navratri in autumn, aligning cosmic transitions for spiritual renewal.



सादा दी ध

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Cut a strip of coloured paper to fit your child's head. Encourage them to add tinsel and sparkles. Use words like shiny, pattern and decorate.



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# GET ACTIVE

Use chalk to create a simple rangoli pattern outside. Which colours did you use?