

# Coltale's Top Tips

**QUESTION:** How do I give my child clear instructions?

**ANSWER:** Break instructions into, easy-to-follow steps. For example, "Put on your shoes and then we can go outside"

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December 10<sup>th</sup> is International Human Rights Day. So, Coltale's been reading "I Have The Right" by Reza Dalvand.

Talk to your child about how rights keep them safe, healthy, and respected.





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City of  
London  
Family  
Information  
Service

**DID YOU KNOW?**

**International Human Rights Day commemorates the Universal Declaration of Human Rights, made by the United Nations in 1948.**

**It's the most translated document in the world and has been translated into almost 400 different languages.**

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*Fun  
activity*

**Read a story about kindness and fairness. Then, draw pictures of friends helping each other. Use words like love, respect, and kindness.**



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**GET  
ACTIVE**

**Play a game of "Kindness Tag."  
When tagged, say something  
nice about a friend.**