

Coltale's Top Tips

QUESTION:

How can I help my child understand and follow instruction?

ANSWER:

Use short, clear, and simple sentences. For example, instead of saying, "Please put your toys away," you might say, "Put the toys in the box."

Coltale's Top Tips

International Dance Day takes place on April 29th, so Coltale's been reading "**Dance Just Like So!**" by Annemarie Anang. Talk about the things Kwesi had to learn from Gran; such as tapping her feet and swirling the glittery cane in the air.



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DID YOU KNOW?

**International Dance Day celebrates
it's political, social and cultural
power to bring people together.**

**Dancing offers physical and mental
benefits, improved fitness, stress
reduction, and enhanced creativity.**

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Fun activity

Play your favourite music and dance together with your child. Suddenly stop the music and say "Freeze!" Use words like twist, turn and tap.



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City of
London
Family
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**GET
ACTIVE**

**Go outside and play
follow the leader.
Copy each other's dance
moves and actions.**