

Coltale's Top Tips

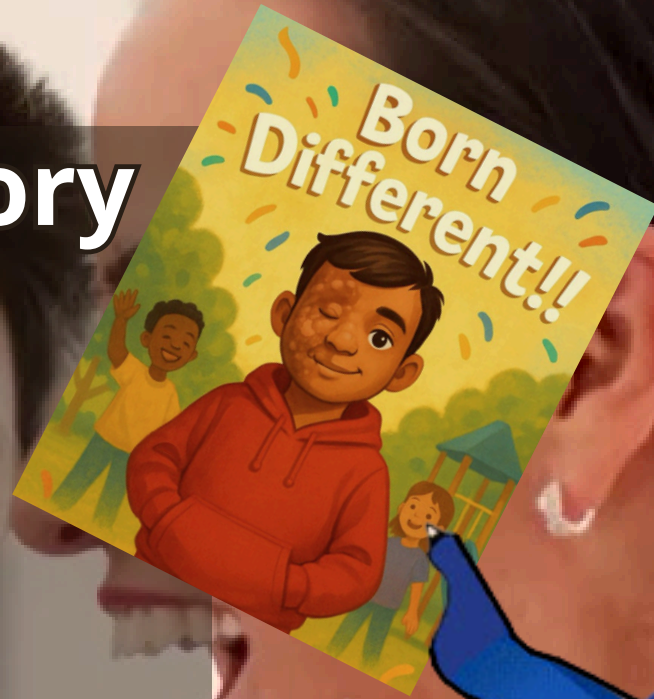
QUESTION: How do I encourage my child to talk about school?

ANSWER: Ask open-ended questions like, "What was the best part of your day?" or "Did anything make you happy or smile today?"

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UK Disability History Month begins on November 22nd. So, Coltale's been reading **"Born Different"** by Amit Ghose.

Talk to your child about how to be kind to yourself and others.





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City of
London
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Service

DID YOU KNOW?

UK Disability History Month runs from Saturday, 22nd November to Monday, 22nd December.

It highlights awareness, inclusion, and celebrates the contributions of disabled people in the UK.

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*Fun
activity*

Create a Sensory Bin full of different textures. use words like 'Soft', 'Rough', 'Smooth' and 'Bumpy'.

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**GET
ACTIVE**

Create an obstacle course to teach children about mobility challenges. Encourage awareness of how some tasks could be more challenging for others.