

QUESTION: What activities can help improve my 3-year-old's understanding of simple instructions?

ANSWER: Use games and encourage imitation during play and daily routines.

Coltale's Top Tips

Daylight Saving Time began on March 29th with clocks advancing by one hour. So, Coltale's been reading "The Very Hungry Caterpillar" by Eric Carle.

Talk about what the caterpillar ate in the week. For example, one apple and two pears.



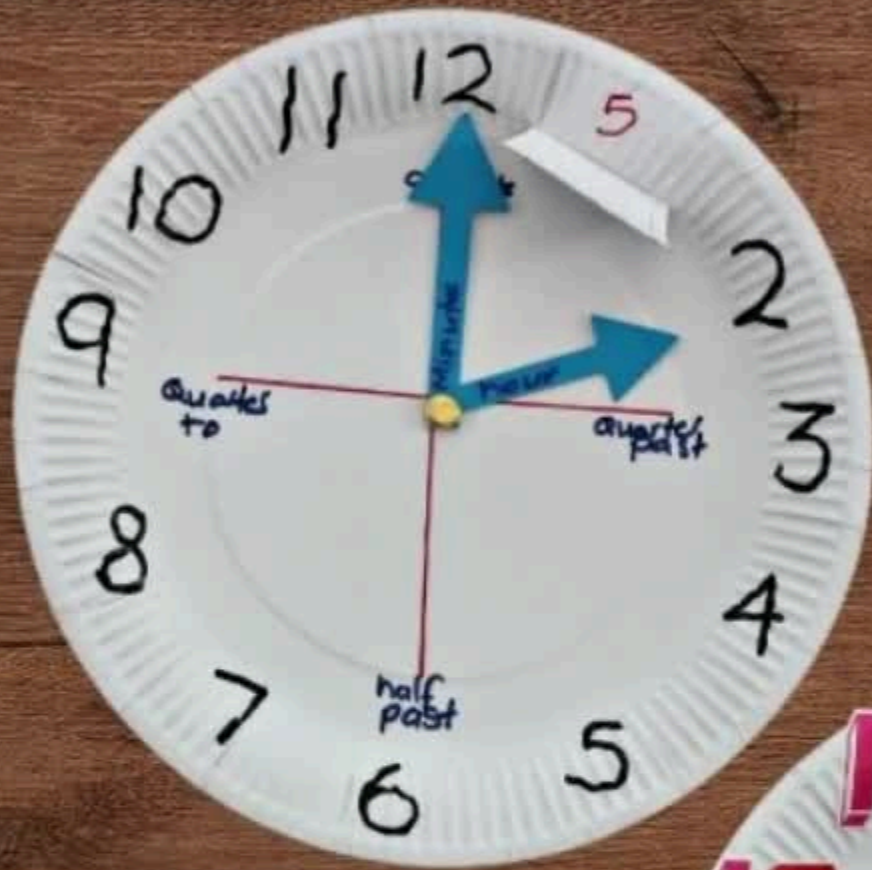
Coltale's Top Tips

DID YOU KNOW?

When clocks go forward, we lose one hour of sleep but get more daylight for playtime and reading books!

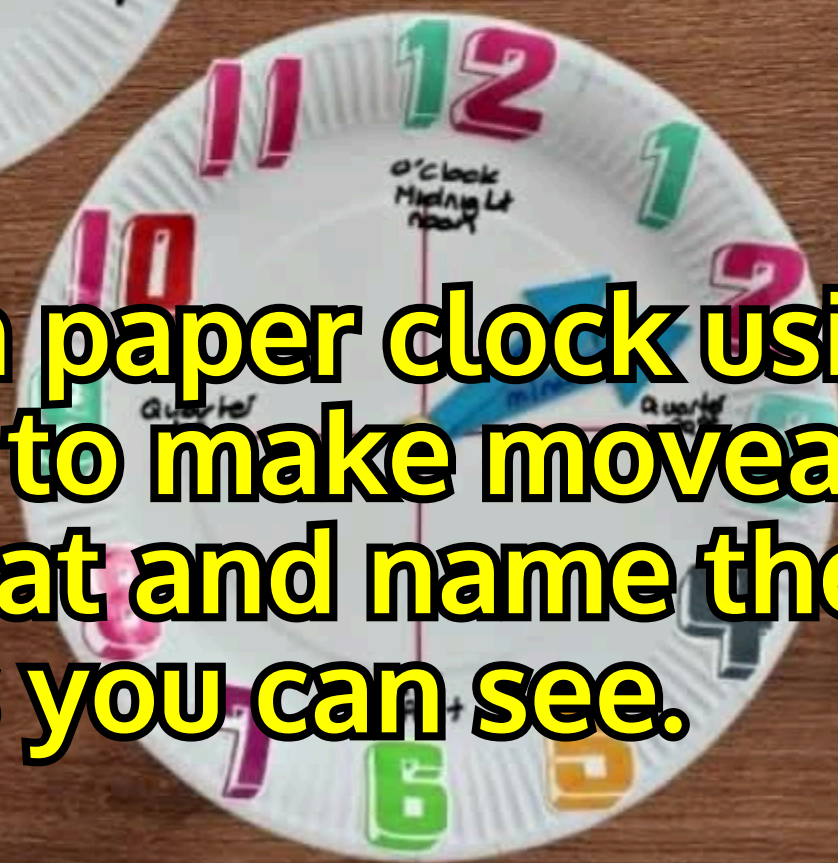
Daylight Saving Time was proposed by insect collector, George Hudson, in 1895 to have more daylight to hunt for bugs after work.

Coltale's Top Tips



*Fun
activity*

Make your own paper clock using a paper fastener to make moveable hands. Point at and name the numbers you can see.





Coltale's Top Tips

City of
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**GET
ACTIVE**



Use the 10 second timer on your phone while playing outside. How far can you run, or times you can jump, or how long you can balance before the timer beeps?