

Coltale's Top Tips

QUESTION: How does physical play support speech and language?

ANSWER: It supports brain development linked to language. It enhances motor skills, coordination, and spatial awareness, which influence cognitive functions, including language processing.

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June 19th is Clean Air Day, so Coltale's been reading "The Last Tree" by Emily Haworth-Booth.

Talk about what the trees were used for, such as making fires, homes, and a wall.





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DID YOU KNOW?

Clean Air Day, aims to raise awareness about the impact of air pollution on our health and the environment.

Air pollution is associated with between 29,000 and 43,000 deaths a year in the UK.

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*Fun
activity*

Create a picture using cotton balls and paints to symbolize clean air and pollution. Discuss how fresh air feels and why it is important?

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GET ACTIVE

Go outside and mimic tree movements. Stand tall, stretch arms and take deep breaths while swaying gently. Explain to your child how trees help clean the air and encourage children to make "tree" sounds with their breaths.