

Coltale's Top Tips

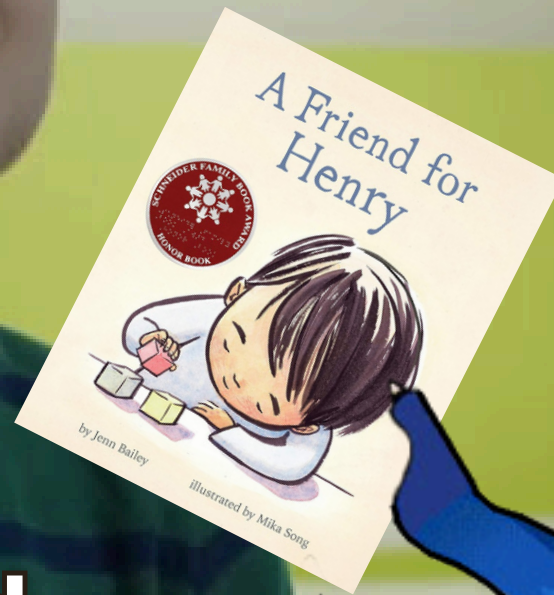
QUESTION: What is one way to understand a child's individual needs without using words?

ANSWER: Paying close attention to non-verbal cues such as body language and gestures can help communicate a child's needs.

Coltale's Top Tips

April 2 - 8 is Autism Acceptance Week, so Coltale's been reading "A Friend for Henry" by Jenn Bailey.

Talk about the kind of friend Henry wants. For example, someone who shares, listens, likes things to stay the same and all in order.



DID YOU KNOW?

World Autism Acceptance Week is the National Autistic Society's biggest fundraising campaign.

Autistic people face discrimination and barriers within many areas of society which affect their quality of life.

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Fun activity

Create a cosy space with soft pillows, books, and calming toys. Teach your child that everyone needs a quiet space sometimes, especially those who may feel overwhelmed.

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GET ACTIVE

**Set up a simple obstacle course.
Move along it in different ways.
Use words like twist, twirl and tiptoe.**