

City of London Services and Family Hub/Start for Life Activities September to December 2025

City of
London
Family
Information
Service

Education and Early Years Service, Department of Community and Children's Services 020 7332 1002 | <u>EEYService@cityoflondon.gov.uk</u> Follow us on X, Facebook and Instagram @SquareMileFamilies

For the latest information about services, activities and events, visit: https://www.fis.cityoflondon.gov.uk/

Venue Colour Key:

Artizan Street Library, 1 Artizan Street E1 7AF T: 020 7332 3810 E artizanlib@cityof london.gov.uk Smithfield House Children's Nursery 14 West Smithfield EC1A 9HY T: 020 7236 1000 E office@mithfieldnursery.co.uk

Tuesday

Stay & Play

Ages 0 - 5

AM or PM session

9 - 11 am or 1 - 3.15 pm

Shoe Lane Library, 1 Little New Street EC4A 3JR T: 020 7583 7178 E shoelane@cityoflondon.gov.uk Barbican Library, Barbican Centre EC2Y 8DS T: 0207 628 9447 E: barbicanlib@cityof london.gov.uk Golden Lane Leisure Centre, Fann Street EC I Y OSH T: 020 7250 1464 E SCD-Col@iusion-lifestyle.com

Guildhall Art Gallery Guildhall Yard, EC2V 5AE T: 020 7332 3700 E tanya.dean@cityoflondon.gov.uk

Guildhall West Wing 71 Basinghall Street EC2V 7HH T: 0207 608 2753/0207 332 1231 E adulteducation@cityoflondon.gov.uk

Rhyme Time

0 - 5 years old

10.45 - 11.15 am

Saturday Monster Art Club

All welcome

2 - 3.30 pm

Family Activities

Stories, arts and craft sessions

Ages 3 - 13

2nd Saturday of month 11 am - 4 pm

Monday

Baby Clinic - Appointment Only With City Health Visitor (020 76834151) Last Monday of the month 1 - 3 pm

Pick and Play Puzzles

Ages 0 - 11

Care To Dance

From 13th Oct. 2025

Ages 6 - 11, 6 - 7 pm

E: debby.rigby@cityoflondon.gov.uk

Baby Massage

From 6th Oct. 2025

1.15 - 2.15 pm

To book call Sinead 020 7236 1000

Calm Colouring

All welcome

Ages 5+

3-5 pm

3 - 6.30 pm

Families Mental Health Support

Milles Mental Health Supp Call Chorus Families: 07918393092

> **Rhyme Time** Ages 0 - 5 10.30 -11.30 am

Pick and Play Puzzles
All welcome
Ages 0 - 9
2 - 6 pm

Adult Skills & Education:

English - ESOL entry 2

(Enrolment required)

2 - 4.30 pm

IT Help Drop-in All welcome 5.30 - 7pm

Rhyme Time
Ages 5 - 5
10.45 - 11.15 am

SEND Activity Programme
Ages 5 - 18
Swimming - small group & 1-2-1
E: SCD-Col@fusion-lifestyle.com

Story Time
Ages 3+
4-4.30 pm

Adult Skills & Education:
English - ESOL entry 1
(Enrolment required)
10 am - 1 pm

SEND Activity Programme
Ages 5 - 18
Swimming - small group & 1-2-1
E: SCD-Col@fusion-lifestyle.com

Wednesday

Breast & Infant Feeding Group 1st Wednesday of the month 11 am - 1 pm

> Calm Colouring All welcome 3.30 - 5 pm

Rhythm & WigglesAges 0 - 5
10 - 10.30 am

Stay and Play Ages 0 - 5 1.30 pm - 2.30 pm

Rhyme Time Ages 0 - 5 10.30 -11.30 am

Breast & Infant Feeding Group 3rd Wednesday of the month 10 am - 12 pm

> Toy Time Ages 0 - 5 12 - 2 pm

City Sports Football Ages 8 - 18 5 - 6 pm Rhyme Time Ages 0 - 5

10 - 10.30 am

Thursday

Stay & Play Ages 0 - 5 10.30 - 11.30 am

Messy Play for under 5s Ages 0 - 5 Last Thursday of the month 10.30 - 11.30 am

Games ClubAll welcome
5.30 - 7 pm

Employability: First Steps Into Computing (Enrolment required) 1.30 - 4.30 pm

Professional Development and

Bumps And Babies
3rd Thursday of the month
Ages Pre-birth - 5
10 - 11,30 am

Zumba Classes for girls
Ages Under 16
(booking essential) 5 - 6 pm
E: sports@cityoflondon.gov.uk

Zumba Classes for women Ages 16+ (booking essential) 6 - 7 pm E: sports@cityoflondon.gov.uk Saturday

Stay & PlayAges 0 - 5
AM or PM session
9 - 11 am or 1 - 3.15 pm

Friday

Rhyme Time 0 - 5 years old 10.45 - 11.15 am

Friday Monster Art Club
All welcome
4 - 5 pm

SEND Activity Programme
Football (Ages 7 - 14) 4.30 - 5.30 pm
Gym (Ages 15 - 21) 5.30 - 6.30 pm
E: SCD-CoL@fusion-lifestyle.com

Adult Skills & Education: Functional Skills Level 2 English (Enrolment required) 9.30 am - 3.30 pm

Speech and Language Therapy

Concerned about your child's speech or language development call 020 7683 4262 - places booked by appointment only. Catch Clinic, Thomas Fairchild Children's Centre, Cropley Street, N1 7HT

Toynbee City Advice Surgeries are on local estates. For more information please go to: https://www.toynbeehall.org.uk/whats-on/