## Venue details and colour/pattern key for timetable overleaf

**Artizan Street Library**
1 Artizan Street, E1 7AF
T: 020 7332 3810
E: artizanlib@cityof london.gov.uk

**Smithfield House Children's Nursery**
14 West Smithfield, EC1A 9HY
T: 020 7236 1000
E: office@smithfieldnursery.co.uk

**Shoe Lane Library**
1 Little New Street, EC4A 3JR
T: 020 7583 7178
E: shoelane@cityof london.gov.uk

**Barbican Library**
Barbican Centre, Silk Street, EC2Y 8DS
T: 0207 628 9447
E: barbicanlib@cityof london.gov.uk

**Golden Lane Community Centre**
Fann Street, EC1Y 0SA
T: 0207 834 7228
E: GoldenLane.CommunityCentre@cityof london.gov.uk

**Guildhall Art Gallery**
Guildhall Yard, EC2V 5AE
T: 020 7332 3700
E: tanya.dean@cityoflondon.gov.uk

# Welcome to the City of London Best Start Family Hub Activities Timetable 0-5 years

The City of London Best Start Family Hub Network provides a connected network of regular free in-person and online services for children, young people, and families from pregnancy up to age 19 (or age 25 for individuals with SEND).

90% of your child's brain growth happens before the age of 5. Right from the start, all those little moments families spend together are building children's brains.

Every smile, cuddle, chat and game makes a huge difference, helping them learn to communicate, develop confidence and make friends.

In this leaflet, you will find a timetable of exciting activities for you and your child to do at a range of venues across the Square Mile.

BEST START IN LIFE | FAMILY HUBS | CITY OF LONDON

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City of London Family Information Service

# City of London Best Start in Life/ Best Start Family Hub Timetable 0-5 years

September to December 2026

BEST START IN LIFE

Funded by UK Government

A termly timetable of services and activities for children and families

# City of London Best Start in Life/Best Start Family Hub Timetable 0-5 years September to December 2026

City of London Family Information Service

Education and Early Years Service, Department of Community and Children's Services 020 7332 1002 | EEYService@cityoflondon.gov.uk
Follow us on X, Facebook and Instagram @SquareMileFamilies
For the latest information about services, activities and events, visit: https://www.fis.cityoflondon.gov.uk/

**Artizan St Library** | **Smithfield Hs Nursery** | **Shoe Lane Library** | **Barbican Library** | **Golden Lane Community Centre** | **Guildhall Art Gallery**

## Monday

**Baby Clinic - Appointment Only**
With City Health Visitor (020 76834151)
4th Monday of the month
1 - 3 pm

**Pick and Play Puzzles**
Ages 0 - 11
3 - 6.30 pm

**Baby Massage**
9.45 - 11.15 am
To book call 020 7236 1000

**Rhyme Time**
Ages 0 - 5
10.45 - 11.15 am

**Story Time**
Ages 3+
4 - 4.30 pm

## Tuesday

**Stay & Play**
Ages 0 - 5
9 - 11 am

**Stay & Play**
Ages 0 - 5
1 - 3.15 pm

**Rhyme Time**
Ages 0 - 5
10.30 -11.30 am

**Pick and Play Puzzles**
Ages 0 - 9
2 - 6 pm

**Perform Barbican**
Drama, dance & singing
Ages 4 -7, 4 - 5 pm
To book call 020 7255 9120

## Wednesday

**Breast & Infant Feeding Group**
1st Wednesday of the month
10 - 11.30 am

**Strengthening Families, Strengthening Communities**
Parenting classes with children 3+
10 am - 1 pm

**Calm Colouring**
Ages 0 - 5
3.30 - 5 pm

**Rhyme Time**
Ages 0 - 5
10.30 -11.30 am

**Breast & Infant Feeding Group**
3rd Wednesday of the month
10 am - 12 pm

**Toy Time**
Ages 0 - 5
12 - 2 pm

## Thursday

**Rhyme Time**
Ages 0 - 5
10 – 10.30 am

**Stay & Play**
Ages 0 - 5
10.30 - 11.30 am

**Bumps And Babies**
1st Thursday of the month
Ages Pre-birth - 5
10 - 11.30 am

**City FOOD Club**
Low-cost family groceries
All welcome
1 - 3 pm

**Messy Play for under 5s**
Ages 0 - 5
Last Thursday of the month
10.30 - 11.30 am

**Bumps And Babies**
3rd Thursday of the month
Ages Pre-birth - 5
10 - 11.30 am

## Friday

**Stay & Play**
Ages 0 - 5
9 - 11 am

**City FOOD Club**
Low-cost family groceries
All welcome
1 - 3 pm

**Sensory Room**
To book a morning 30 mins slot
call 020 7236 1000

**Stay and Play**
Ages 0 - 5
1.30 - 2.30 pm

**Rhythm & Wiggles**
Ages 0 - 5
2.30 - 3 pm

**Rhyme Time**
0 - 5 years old
10.45 - 11.15 am

## Saturday

**Rhyme Time**
0 - 5 years old
10.45 - 11.15 am

**Family Activities**
Stories, arts and craft sessions
Ages 3 - 13, 11 am - 4 pm
2nd Saturday of month

Chorus
Children & parents together

**City Chorus** is the emotional wellbeing service for families with children aged 0-18, or 25 with SEND. We can offer online or home visits as needed. To speak to us about any aspect of emotional development email us: **city@chorusfamilies.co.uk**

**Toynbee City Advice Surgeries** are on local estates. For more information please go to: https://www.toynbeehall.org.uk/whats-on/

DISCLAIMER: Please note that times and locations of sessions may change due to unforeseen circumstances. The City of London Corporation and providers cannot accept responsibility for such changes.

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