

The City of London Youth Forum



The City of London recognises and values the important role young people can play in the development of its services. The City Youth

Forum is an opportunity for any young person, aged 11-19 (or up-to 25 with SEND) who lives, works or studies within the Square Mile.

The meetings are monthly as below.

- March: Term Time: **Thursday 25th** - 5pm - 7pm
- April: Half Term: **Friday 16th** – 2pm – 4pm
- May: Term Time: **Thursday 27th** - 5pm - 7pm
- **June: No Forum**
- July: Term Time: **Thursday 29th** – 2pm - 4pm
- August: Half Term: **Friday 13th** – 2pm-4pm

Email city@prospects.co.uk or call 07585401280 to get involved.

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Letter of support for parents of children with SEND from Vicky Ford

With school attendance becoming mandatory again, Vicky Ford MP, Parliamentary Under-Secretary of State for Children and Families, has released a letter for parents and carers of children and young



people with SEND. She thanks parents and carers for their 'tremendous efforts' during the latest national lockdown and goes on to thank those schools and specialist support services that have continued to provide for pupils.

The letter outlines the areas that will be of most interest to parents and carers of children with SEND as they move to returning to school.

These are:

- Attendance
- Public Health Advice
- Testing
- Face coverings
- Vaccinations
- Education recovery
- Therapies
- Mental health and Wellbeing

Click [here](#) to read the letter.

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7 Days, Many Ways: Early Years Resilience Development Pack



Nasen has announced a set of new resources for the [Resilience Development Pack](#). These materials have been developed to support parents and practitioners to support children's resilience- the ability to 'bounce back' quickly from difficulties. They are one-page resources that provide top tips for parents, a weekly diary with a completed example, a daily planner and more about the 7 C's for developing the resilience jigsaw.

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Look, Say, Sing, Play resources



This set of early years resources from the NSPCC encourages interactions between parents and their babies that shape the way their brains develop.

The resources can be found [here](#).

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Stories with Symbols



A new charity, 'Stories with Symbols', has produced a number of story videos for children with speech, language and communication difficulties. Each video follows a set formula and they are filmed in a specific way, maximising the opportunity for attention and learning, while minimising distractions.

The videos feature on-screen symbols to help children to understand the key words of the story. Each one has a section to teach vocabulary from the story, first based on an illustration, and then through real life footage.

The charity aims to stimulate children's interest in books and support understanding of the language used within them.

All the video resources are free and can be found by clicking on the picture.

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TailfeatherTV



Tailfeather TV has been developed with and is presented by young adults with learning disabilities especially for babies,

toddlers and young children.

Each TailfeatherTV episode has a different theme and is presented in an App-Style format. Children can explore different areas to **Dance, Sing, Sign, Learn, and Play...**

Click on the picture to find out more.

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ASD and Girls: Why are they missed, misdiagnosed and misunderstood?

ADHD AND GIRLS :WHY ARE THEY MISSED, MISDIAGNOSED AND MISUNDERSTOOD?

LAVENDER FOR ND GIRLS WEBINAR WITH DR JO STEER

29 March 2021 7:30 – 9 PM

This webinar will explore diagnosis, and why so many girls are missed, the MH implications and ways to support our girls.

Dr Steer is a chartered clinical psychologist with over 14 years experience and Associate director for Emotional Health Services at AFC in Richmond & Kingston. She is co-author of *Helping Children and Teens with ADHD in school* and a book about to be released in April "Understanding ADHD in Girls and Women"

BOOK NOW : EVENTBRITE: <https://www.eventbrite.co.uk/e/adhd-and-girls-why-are-they-missed-misdiagnosed-and-misunderstood-tickets-144166488849>

This free webinar for parents and carers by Dr Jo Steer is on March 29th, 7.30-9pm. It will explore the referral and diagnostic process; why so many girls are missed, the mental health implications and ways to our support girls.

Dr Steer is a chartered clinical psychologist with over 14 years experience and is Associate Director for Emotional Health Services at Achieving for Children in Kingston. Click on the image to book a place.

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Important City contacts

The City of London SEND Local Offer

The City of London Special Educational Needs and Disability (SEND) [Local Offer](#) website provides information for children and young people with SEND and their parents or carers. The Local Offer includes up-to-date information on opportunities and services that you can access across education, health and social care and leisure.

City of London Parent Carer Forum

The City Parent Carer Forum (CPCF) represents and is made up of parents and carers of children and young people with SEND. For more information contact
Email: info@cityparentcarers.org
Phone: 07939 069 220
www.cityparentcarers.org

Coltale on social media

Coltale is the mascot for the City of London speech and language programme. Coltale gives helpful tips for parents and carers on how to support children's developing communication skills.



Find Coltale on social media at

- Twitter - @SqMileFamilies
- Facebook – @SquareMileFamilies
- Instagram - @Square_Mile_Families

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Tower Hamlets & City SENDIASS (Special Educational Needs Information, Advice and Support Service)

The SENDIASS Team offers free and impartial advice to parents and young people with SEND who are residents within Tower Hamlets or City of London. Some of the ways we can support you are:

- Attending meetings with schools/professionals
- Applying for an Education Health and Care Plan
- Mediation with the Local Authority
- Preparing and attending SEND Tribunals
- Providing information about other support services and departments.

Our team also runs workshops for parents around the EHCP process, Annual Reviews, and Secondary School Transitions.

If your query can not be resolved during the telephone consultation, we will take a referral and you will be allocated a caseworker who will contact you within 10 working days.

We have a dedicated telephone line, **020 7364 6489**, that you can call to speak to an advisor Monday-Friday, 9:00 a.m-17:00 p.m.

You can also email us at:
towerhamlets&city.sendiass@towerhamlets.gov.uk

You can visit our website at:
<https://www.towerhamletsandcitysendiass.com/>